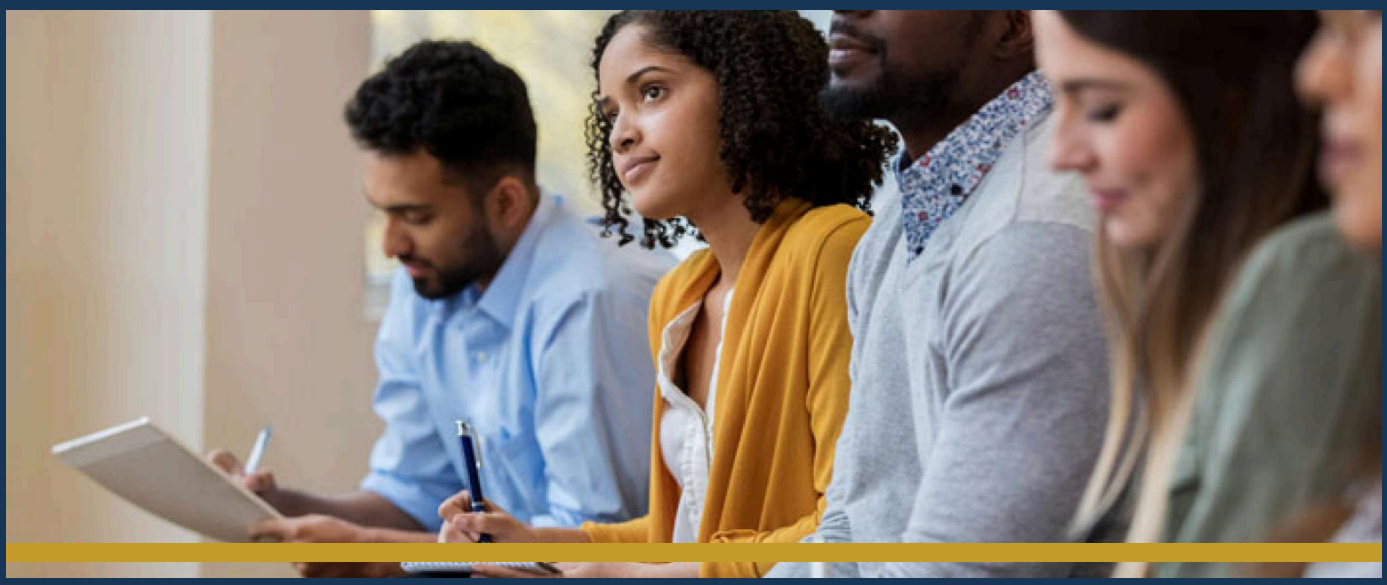
COPE FAMILY SUPPORT
Helping Families Thrive

FY 2025-26 / IMPACT REPORT

Stronger families. Healthier communities. Greater access.

A year of growth in reach, family strengthening, youth services, and behavioral health.



3,311
INDIVIDUALS SERVED

+11%
GROWTH FROM FY 2024-25

Walnut Creek, California

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01 / YEAR-OVER-YEAR GROWTH

More families reached

Overall reach expanded in FY 2025-26, with growth across parent education and youth services.

3,311 individuals served **+328 people / +11%**

MEASURED GROWTH

Overall individuals served

+11%

2,983 FY 2024-25

3,311 FY 2025-26

Parent/caregiver participants

+20%

1,512 FY 2024-25

1,814 FY 2025-26

Youth served

+12%

275 FY 2024-25

308 FY 2025-26

The parent/caregiver figure is approximately 1,814, calculated from the prior-year baseline of 1,512 and the reported 20% increase.

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02 / SERVICES AND OUTCOMES

Support across the family journey

Parent education, youth programs, and clinical care connect families with practical support.

01

PARENT EDUCATION

~1,814

parent/caregiver participants

+20% growth from prior year

Triple P, Triple P Baby, Supporting Father Involvement, Family Transitions, Anger Management, and other intensive services.

English + Spanish

02

COPE 4 KIDS

~308

youth served

+12% growth from prior year

ARC-informed groups, mentoring, leadership, and prevention programming. 40% participated in one or more ARC groups.

20+ school & community partnerships

03

CLINICAL CARE

407

clients served

2,442 therapy sessions

Individual, child/adolescent, couples, family, co-parent, reunification, and group therapy with case management.

48 hours to first contact | 8 insurance providers

Reported social-emotional skills: 87% and 82% improved in the two callouts.

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03 / COMMUNITY PROFILE

Who COPE reaches

A regional footprint and a range of identities and developmental stages shape the community profile.

GEOGRAPHIC REACH / MOST SERVED COUNTIES

Contra Costa	67%
Alameda	21%
Marin	1%
San Francisco	2%
San Mateo	3%
Santa Clara	2%
Not reflected above	4%

RACE / ETHNICITY

Race / ethnicity	Percentage
American Indian or Alaska Native	0.4%
Asian	9.7%
Black or African American	18.7%
Hispanic, Latino/a/x or Spanish	26.2%
Middle Eastern or North African	0.7%
Native Hawaiian or Other Pacific Islander	0.4%
White	27.8%
2 or more listed groups	10.4%
Not reflected above	5.7%

GENDER IDENTITY

Identity	Percentage
Female	54.0%
Male	40.5%
Transgender / non-binary	0.4%
Other / unknown / undisclosed	5.1%

AGE SNAPSHOT: CHILDREN & YOUTH

Ages 4-7	Ages 8-12	Ages 13-18
25.9%	47.6%	26.5%

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04 / FAMILY CIRCUMSTANCES

Understanding barriers to well-being

Employment and education data offer context for the families seeking support.

EMPLOYMENT STATUS

Status	Percentage
Unemployed	26.0%
Full-time employment	44.7%
Part-time employment	12.3%
Underemployed	17.0%

EDUCATIONAL ATTAINMENT

Highest educational attainment	Percentage
Bachelor's degree or higher	36.1%
Some college or associate degree	24.4%
High school diploma or equivalency	30.7%
Less than high school diploma	3.4%
Other / unknown / undisclosed	5.5%

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05 / LOOKING AHEAD

Growth toward a shared vision

COPE is building the reach and capacity to help more families thrive.

3,311
individuals served

+11%
overall reach

+20% parent education

+12% youth services

The 5-6-2030 vision

6,000
families served within five years

$5M
in annual funding by 2030

One connected model of support

COPE's theory of change is rooted in the belief that **early access to coordinated, culturally responsive support is essential to crisis prevention, family stability, and long-term well-being.** By equipping parents and caregivers with the knowledge, skills, and confidence to foster healthy relationships, regulate emotions, and navigate challenges, COPE creates a ripple effect of positive outcomes that extend from the home into the community and across generations. Through an integrated model of parent education, behavioral health, youth development, and case management, COPE strengthens protective factors, builds resilience, and helps prevent cycles of trauma and adversity. Guided by our **5–6–2030 Vision**, and supported by strategic partnerships and sustainable investment, COPE is working toward a future where families have the resources and opportunities to thrive. COPE is committed to **serving 6,000 families within five years and achieving $5 million in annual funding by 2030.**

With gratitude to our partners, whose collaboration helps families access support: Contra Costa Behavioral Health Services; Tipping Point; Dean & Margaret Lesher Foundation; Bernard E. & Alba Witkin Foundation; Contra Costa Children and Family Services; Contra Costa County Probation; Contra Costa County Office of Education; Mount Diablo Unified School District; We Care; First 5 Contra Costa; Triple P America; and Contra Costa Family/Truancy Court.